



EXCELSIOR SPRINGS
S C H O O L D I S T R I C T
— *Together, Achieving Excellence* —

To: Board of Education

From: Dr. Jaret Tomlinson

Date: 4/22/2021

Re: Wellness Program Evaluation

Board Goal: Goal #1 Student Performance
Goal #4 Human Resources

Comments: The attached program evaluation for Wellness shows that the current plan is performing as “excellent”.

“I recommend the Board of Education approve this evaluation as presented.”

Excelsior Springs School District Program Evaluation

I. PROGRAM INFORMATION

Program: District Wellness – Find Your Stride

Personnel Responsible for Evaluation: Jaret Tomlinson

Date of Review: April 22, 2021

II. EVALUATION OF PROGRAM

CSIP Goals being reviewed:

Promote, facilitate, and enhance, student and community involvement in District programs.

Foster a culture of optimistic outlook regarding the work and impact of the ESSD within the community.

Program Goals and Objectives:

- Disseminate wellness information to our staff, students, and families.
- Provide activities to promote a healthy active lifestyle.
- Provide staff with information from our health provider.
- Decrease premium versus claims percentage.

Level of Performance in Achieving Desired Outcomes (Circle One)

Excellent

Above Average

Average

Below Average

Poor

Data Source (Indicators of Success) - Attach description of data supporting evaluation criteria:

Health insurance rates continue to outpace efforts to mitigate increases.

Premiums 2.5% increase

Events:

Mobile mammography events

Biometric screening – 90% employees participated

Maintain Don't Gain – 100 employees participated

Recognized by MEUHP and CIGNA as an exemplary school

\$9000 in staff incentives from CIGNA

Effectiveness of program:

Results (relationship to student achievement):

Health insurance loss ratio for premiums versus expenses lower than in previous years. We had a terrific year as a whole and hope to build upon our recent success.

Staff turnover percentages continue to stay under 15% each year. Maintaining high quality staff relates directly to student achievement.

Conclusions: How does the program meet student needs?

All student meal guidelines are met in partnership with our food service provider.

Strengths of Program:

Awareness of healthy living is strengthened. Individual and team competitions promote fun and collegial programs for employees to enjoy and benefit from. Healthy employees directly impacts staff attendance rates.

Concerns Regarding Program:

Increasing health costs will still impact our premiums regardless of our wellness program.

Recommendations (Suggestions for Actions for the coming year to ensure achievement of program goals and objectives):

Continue to promote wellness. Make being healthy more than an event, but more of a lifestyle.

Board President Signature

Date